

SUPERIOR COURT OF CALIFORNIA COUNTY OF INYO

Dean T. Stout, Presiding Juvenile Court Judge



INYO COUNTY JUVENILE DELINQUENCY PREVENTION COMMISSION

Claudia Buchanan, Chair

YOUTH RESOURCE GUIDE

2002

Patrick K. Canfield Presiding Judge

Dean T. Stout Judge

Nancy Moxley Executive Officer

Linda Mills Administrative Officer

Superior Court of California County of Inyo

168 North Edwards Street, Post Office Drawer U Independence, California 93526 Telephone: (760) 878-0218 Facsimile: (760) 878-0433

April 1, 2002

Dear Citizens of Inyo County:

On behalf of the Superior Court of California, County of Inyo and the Inyo County Juvenile Justice/Delinquency commission, it is my privilege to introduce you to the enclosed *Youth Resource Guide*.

The *Guide* is intended to assist youth and their parents or guardians in learning more about the numerous institutions, organizations, and groups within Inyo County who provide positive activities for young people. While the *Guide* can not provide a complete description of the various programs and their requirements, we hope to provide you with a basic understanding of the nature of the respective programs, and sufficient information to make contact with them.

Despite our best efforts, we have undoubtedly failed to include some very worthwhile programs, groups, and organizations. If so, please let us know so that we can include your program or organization in our next edition. We hope to regularly update the <code>Guide</code> on-line at the <code>Court's</code> website located at http://inyocourt.ca.gov

Publication of this *Guide* would not have been possible without the very able assistance of Deputy Court Clerk Ms. Patricia Barton, and a grant from the Judicial Council of California.

For many reasons Inyo County is a wonderful place to live and raise a family, not the least of which is the community's concern for, and generosity toward its young people. Welcome to the many wonderful youth programs available in your community.

Sincerely,

Dean T. Stout
Presiding Juvenile Court Judge

Inyo County Office of Education

Mr. George Lozito County Superintendent of Schools/Secretary to the Board

P.O. Drawer "G" × 135 S. Jackson Street × Independence, CA 93526 Telephone: (760) 878-2426 × WATTS: (800) 421-6779 × Fax: (760) 878-2279

Rebecca Neil - Administrative Assistant/Personnel
Nan Gering - Confidential Secretary

Inyo County Board of Education

Jonelle Anderson, Vice President - Area I - Term Expires 2002
Erma Wright - Area II - Term Expires 2004
Harry Petersen - Area III - Term Expires 2002
Patricia Calloway - Area IV - Term Expires 2004
Kirk Peek, President - Area V - President - Term Expires 2002

Curriculum and Instruction

Catherine Hiatt-Assistant Superintendent of Student Services and Curriculum 960 Sugarloaf Road * P.O. Box 970 * Big Pine, CA 93513
Telephone: (760) 938-2936 * Fax: (760) 938-3127

Special Education

Alvin M. Sasuga - Director
Bernasconi Education Center × P.O. Box 938 × Big Pine, CA 93513
Telephone: (760) 938-2936 × Fax: (760) 938-2760

Family Resource Center

106 S. Main Street, Suite 204 × Bishop, CA 93514 Telephone: (760) 872-4604 × Fax: (760) 873-4487

Child Development

Verna Sisk - Child Development Contracts Manager 106 South Main Street, Suite 202 * Bishop, CA 93514 * (760) 873-5123

State Preschool Programs

Big Pine State Preschool 500 S. Main Street * Big Pine, CA 93513 * (760) 938-2222

Bishop State Preschool 793 West Elm Street * Bishop, CA 93514 * (760) 873-5436

> Round Valley State Preschool Route 2 × Bishop, CA 93514 × (760) 387-2047

Warren E. Hanson State Preschool 228 E. Locust St. * Lone Pine, CA 93545 * (760) 876-5467

Child Care Connection

106 South Main Street, Suite 203 × Bishop, CA 93514 × (760) 873-5123

Big Pine Baby Care Center

960 Sugar Loaf Rd. * Big Pine, CA 93513 * (760) 938-2633

Kids Club School-Age Programs

Bishop Kids Club 793 W. Elm Street × Bishop, CA 93514 × (760) 873-5436

Round Valley Kinder Care Route 2 × Bishop, CA 93514 × (760) 387-2525

Alternative Education

County community School * Opportunity Classes
Leah Garratt - Director

Regional Occupational Programs (rop)

Jim Meadowcroft, Director

e-mail: jim_meadowcroft@inyo.kl12.ca.us × voice mail: (760) 878-2426 ext. 225

Adult Education Programs

Ramona Delmas, Program Administrator 165 Grandview Lane * Bishop, CA 93514 * (760) 872-4150

Jill Kinmont Booth School

Inyo County Office of Education

Leah Garratt, Principal
166 Grandview Drive ★ Bishop, CA ★ 93514
Phone: (760) 873-3262 ★ Fax: (760) 873-3324

Jill Kinmont Booth School is an alternative school serving atrisk, probation and/or expelled students in grades 8-12. Students are admitted only upon referral from their school district of residence or from Juvenile Probation.

Healthy Start

Betsy Michael, Director 166 Grandview, Bishop CA 93514 (760) 873-3262 fax (760) 873-3324

Case Management

© CLIENT IDENTIFICATION All students enrolled at Keith Bright School in ICJC

INTAKE Begin building Trust with Student/Family. Orientation about Case Management Confidentiality and Release Forms. Identify Agencies Already Involved with Student/Family. Begin referrals. / ASSESSMENT Identify Student/Family Resources and Support Networks. Involve Student/Family in Assessment. Focus on Strengths. Holistic and comprehensive. Document all needs. / CASE PLAN Goal oriented and Jointly Developed with Student/Family. Written, Sequenced Actions Designed to meet Mutually Agreed Upon Goals. Clear Agreements on Expectations and Responsibilities. / LINKING TO SERVICES Referral. Follow-up. Help Navigate Referral Process. / ADVOCACY Case Level: overcome institutional Barriers to receiving services. System Level: document need for services and then advocate for them. Advocate for the student/Family needs. / ONGOING MONITORING AND EVALUATION Ensure Case Plan is Carried Out. Re-assess Needs and Make Changes to Case Plan to Accommodate Needs. Attend Multi-Disciplinary Team Meetings. / TASK FOCUSED COUNSELING Emphasis on Problem Solving. Crisis Intervention. Home Visits. / Home Visits. / TERMINATION OF CASE. Case Management is a Time Limited Intervention. Termination can happen by Choice, Student reaching 19 years of age, or Satisfactory Progress is Made. Ultimate Goal: empowerment of Family.

Owens Valley Unified School District

Mr. Art La Cues, Superintendent/ Principal 202 South Clay Street / P.O. Drawer "E" / Independence, CA 93526 Telephone: (760) 878-2405 / (760) 878-2626

> Owens Valley Elementary School / Grades K-6 Owens Valley High School / Grades 7-12

> > Keith Bright School

Mr. Art La Cues, Superintendent Inyo County Juvenile Facility 201 Mazourka Canyon Road / P.O. Drawer "E" / Independence, CA 93526 Telephone: (760) 878-0425 / (760) 878-2626



Big Pine Unified School District

Mr. Mike Brusa - Superintendent/Principal 500 South Main Street ♣ Big Pine, CA 93513-0908 District Office Telephone: (760) 938-2005 ♣ School Telephone: (760) 938-2222 ♣ Fax: (760) 938-2310

Big Pine Elementary School (K-5) Big Pine Middle School (6-8) Big Pine High School (9-12)

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Death Valley Unified School District

Mr. Jim Copeland, Superintendent/Principal P.O. Box 217 A Shoshone, CA 92384

Death Valley Elementary School P.O. Box 217 A Shoshone, CA 92384 Old Ghost Road 🏜 Death Valley, CA, 92328 Telephone (760) 786-2318 🏜 Fax: (760) 786-2193

Tecopa-Francis Elementary School P.O. Box 217 A Shoshone, CA 92384

Death Valley Academy P.O. Box 217 A Shoshone, CA 92384 Telephone: (760) 852-4530 **La** Fax: 852-5395

Bishop Union Elementary School

Mr. Tony Sorci, District Superintendent 800 W. Elm Street Bishop, CA 93514 Telephone: (760) 872-4352 Fax: (760) 872-1063

Elm Street School, Grades K-2 Howard Lehwald, Principal Ms. Linda Arnold, Counselor 800 West Elm Street **%** Bishop, CA 93514 **%** (760) 872-1278

Pine Street School, Grades 3-5
Larry Clark, Principal
Ms. Linda Arnold, Counselor
800 West Pine Street & Bishop, CA 93514 & (760) 872-1658 & Fax: (760) 872-5113

Home Street Middle School, Grades 6-8
Mike Garratt, Principal William S. Kennedy, Assistant Principal
Ms. Vicka Stout, Counselor
201 Home Street Bishop, CA 93514 % (760) 872-1381 % Fax: (760) 872-1877

Home Street School Clubs & Activities

★ LEAPE After School ★ LEAPE A

800 W Elm Street, Bishop, CA 93514

Pamela Jones, Special Programs Director, Bishop Union Elementary School District (760) 872-1060

Jim Barnes, Director of Parks and Recreation, City of Bishop (760) 873-5863

Learn, Explore, Achieve on the Pathway to Excellence *** After School Program to provide cultural, recreational and academic enrichments opportunities for all the children of Bishop

Bishop Joint Union High School District

Mr. Mark Geyer, Superintendent 301 N. Fowler Street ♥ Bishop, CA 93514 Telephone: (760) 972-3680 ♥ Fax: (760) 872-6016

Bishop Union High School

Maggie Kingsbury, Principal

301 North Fowler Street & Bishop, CA 93514

(760) 873-4275

CLUBS & WHO TO SEE FOR MORE INFORMATION:

Art Club - Mrs. Anderson, Rm. 6 Future Farmers of America - Mr. Scott, Rm. 103 Native Amer. Student Assoc.. - Mrs. Andreas, Title IX
CA Scholastic Federation - Mrs. A Scott, RM. 10 French Club - Ms. Renn, Rm. 15
Interact Club - Ms. Kingsburg Latino Club - Mr. French Rm. 22
Choir - Ms. Franco, Rm 14 Outdoor Club - Mrs. Elia, Rm. 2
Science Club - Mrs. Lozito, Rm. 26 Spanish Club - Mrs. De La Mora, Rm. 25

Special Groups/Activities/Events & Who to see for more information:

Athletics - Mr. Ponce, Athletic Office Homecoming, rallies -Mr. Schlichting, USB office Band - Dan Daugherty, Music Room MESA - Mr. French, Rm. 22 Bronco Boosters - Mr. Ponce, Athletic Office Mock Trial - Mrs. Landing, Rm. 31 Bronco Roundup(newspaper) - Mr. Ganahl, Rm 1 Parent Association -Mrs. Perry, Main Office Cheer & Mascots - Mrs. Scarbrough, Main Office Peer Mediation - Mr. Elia, Rm. 1a Chior - Diana Lanane Counseling Services - Mrs. Dodson, Mrs. Anderson Dance Team - Mrs. Sonke, Main Office SITE Council - Mrs. Ghigo, District Office Drama Productions & Lip Sync - Mrs. Thornburg Ski Program - Mr. Elia, Rm. 1a Spelling Bee -El Pinion (yearbook) - Mrs. Pinkston, Rm. 6 Mrs. A. Scott, Rm. 11 Foundation for Excellence - Mrs. Bell, Main Office Technology Committee - Ms. Peterson, Library

Sports

Palisade Glacier High School

John K. Helmbold, Principal P.O. Box 938 # Big Pine, CA 93513 (760) 938-2001

Alternative Education Options

Opportunity Program ## The Opportunity Program is a part of Bishop Union High School that is a self-contained class isolated from the rest of the Bishop High Campus. It is designed for freshman and sophomore students who are having a difficult time with the regular high school program as demonstrated in poor attendance, disruptive behavior or poor academic progress.

Continuing Education: Palisade Glacier High School

Been created as an alternative for students 16 years old and older who have experienced difficulty in the traditional high school program. Students have traditionally voluntarily come to Bishop Joint Union High School District's continuation school, Palisade Glacier High School, when they have fallen behind in working towards a timely graduation. Small classes and more personal approaches often allow students to successfully complete high school and earn diplomas. Palisade Glacier High School continually upgrades its program. It attempts to keep acceptable high standards while at the same time working with students who are often difficult in multiple ways. The school has earned two successive six year with midterm visitation accreditation from the Western Association of Schools and Colleges. Few continuation schools in California have been able to do that.

Lone Pine Unified School District

Dr. William Schmidt, Superintendent 301 South Hay Street & P.O. Box 159 & Lone Pine, CA 93545 Telephone: (760) 876-5579 & Fax: (760) 876-5438

Lone Pine High School

Beverle Jeans, Principal
538 South Main Street � P.O. Box 159 � Lone Pine, CA 93545
Telephone: (760) 876-5577 � Fax: (760) 876-1037

Lo Inyo Elementary School

Melody McConaughy, Principal

223 East Locust Street P.O. Box 159 Lone Pine, CA

93545

Telephone: (760) 876-5581 ♦ Fax: (760) 876-5584

Lone Pine Even Start Family Literacy Program

Joanne Parsons, Director
P.O. Box 159 * 223 E. Locust Street * Lone Pine, CA 93545
Telephone: (760) 876-4721 * Fax: (760) 876-4271

- > Provides early childhood education to child(ren) ages 0-8.
- ➤ Home visits/Parents as Teachers skills.
- Provide Denver II Screening to the focus child.
- Identify families most in need of services low-income level, low adult literacy, low English language proficiency and other need-related indicators.
- Provide Adult Education to Parent(s) GED preparation, English as a second language, testing, referral, counseling, computer training.
- Accommodate participants' work schedule
- > Scheduling and location of services allow joint participation by parents.
- > Child care for the time parents are taking adult education classes.
- Operate on a year round basis.
- Track progress of family during the year.
- Collaborate with other agencies.
- Schedule Parent Education Classes
- Coordinate PACT time (Parent and Child Together).

Olancha Elementary School

Melody McConaughy, Principal

123 School Road- Olancha β P.O. Box 159 β Lone Pine, CA 93545

Telephone: (760) 764-2261

Round Valley Joint Elementary School District

Mr. Barry Simpson, Superintendent/Principal Route 2, Pine Creek Road ∴ Bishop, CA 93514 Telephone: (760) 387-2525 ∴ Fax: (760) 387-2330



The School of Lost Borders

A Training Center for Wilderness Passage Rites

> LOST BORDERS, Box 55, Big Pine CA 93513 Fax: (760) 938-3028

<u>lostbrdrs@telis.org</u> • <u>www.schooloflostborders.com</u>

Every year, the School of Lost Borders offers intimate rite of passage experiences for a small group of youth between the ages of 14-21. The ceremonies take place in the wilderness and are commonly referred to as "vision quest"." The video film by Kim Shelton, "Lost Borders: coming of Age skillfully portrays the the Wilderness," dimension of this experience. A blending of ancient and modern practices and teachings, the vision quest is a valid confirmation of maturity in young people. Participation, calls forth a kind however, of self-perception and commitment not always common to many modern young people. The second phase of this rite of passage requires a willingness to live alone in a natural place for two or three days and nights, without food.

To Youth: Before you commit to such a challenge, ask yourself if you really want to take this tiger by the tail. If you choose to do it, you're in for quite a ride. You will learn a great deal about yourself, about your power and your way, about whom is important in your life and who is not. This is not a test a child could pass — but only a man or a woman.

The entire course is 8-10 days long and involves 3-4 days of preparation with the group ("severance"), 2-3 days of solo time ("threshold"), and 2-3 days of integration and empowerment ("incorporation") in the elder's council. If you should chose to participate, you will be safeguarded in the field by time-honored methods and a skillful safety record of twenty-five years without accident. Adults in training at the School will form part of the staff. You and the trainees will be expected to provide for yourself while camping together in semi-primitive conditions.

Parents of participating youth are invited to attend the meetings of the "incorporation" phase, when stories of the solo time are told. You will have the opportunity to respond to the story of your son or daughter and to celebrate in your own way this significant life step.

How ageless is the human understanding that the child must risk the darkness and uncertainty of self in order to know the meaning of maturity! How easily we forget that we are all children, that we are always being called on to rrisk that darkness, and so it will be when we stand at the brink of death.

- Steven Foster, The Four Shields

of Human Nature







FREE STATE PRESCHOOL PROGRAM

George Lozito, INYO COUNTY SUPERINTENDENT OF SCHOOLS 164 Grandview, Bishop CA 93514

For more information please call **760-873-5123 ext. 31.**

WHY PRESCHOOL? The purpose of preschool is to provide a social and educational "first school" experience free-of-charge to income-eligible children and their families. Our classrooms promote the development of curiosity with opportunities to explore, achieve, learn, and play. Children make friends, have fun, and acquire early literacy and kindergarten skills through exciting activities

The Inyo County State Preschools came into existence through the efforts of the Inyo county Superintendent of Schools. Classes began in 1962 with sites located in Bishop and Lone Pine.

LOCATIONS

Free State Preschools "where play is our work"

Round Valley State Preschool License # 14480224 At the Round Valley Elementary School **% 873-2525**

Bishop State Preschool License # 144803397 Next to Elm Street School **% 873-5426**

Big Pine State School License # 143801409 At the Big Pine Unified School District **№ 938-2222 x 245**

CHILD CARE CONNECTION

CHILD CARE RESOURCE AND REFERRAL

Verna Sisk, Director 164 Grandview, Bishop, CA 93514 (760) 873-5123 fax (760) 873-5017 Toll Free 1-888-999-5669 A program operated by the Inyo County Office of Education

Child Care Connection Mission Statement & Child Care Connection encourages the growth and development of quality child care services in Inyo County by providing child care options, education to parents and support to families and child care providers.

Child Care Connection is operated by the Inyo County Office of Education and supported by federal, state, and local governments, as well as other groups. Services are available to any family in Inyo County on a non-discriminatory basis.

SERVICES

X STARTING A CHILD CARE BUSINESS **X** Child Care Connection provides information and advice on starting a child care business, including how to get a license, and how to set fees, hours and services.

& REFERRALS & Child Care Connection offers referrals to licensed childcare throughout Inyo County, both to centers and licensed family child care homes.

& RESOURCES & Books, cassettes, videos, children's toys and equipment are available at the Child Care Connection lending library.

Reparement And Provider Education & Child Care Connection provides a variety of educational programs to new and existing child care providers and centers. Parent development workshops are offered several times throughout the year. A quarterly newsletter, *Bear Prints*, published by CCC, contains information relevant to child care issues and is mailed to members of the community.

 $\mbox{\it X}$ TRUSTLINE $\mbox{\it X}$ TRUSTLINE offers an important reference service for childcare providers and parents. TRUSTLINE is a state registry for exempt and in home child care providers.

SUBSIDIZED CHILD CARE PROGRAMS

& ALTERNATIVE PAYMENT PROGRAM & A subsidized program that pays for child care for families who are working or in training, and meet established criteria.

& ALTERNATIVE PAYMENT LATCHKEY PROGRAM & Same as AP program with children that are school age. Families must meet the established eligibility criteria.

& RESPITE AP AND CCDBG PROGRAMS & Subsidized programs that pay for child care for children who are at risk of abuse, neglect or exploitation. A referral letter from a licensed professional is required.

& CalWORKS & Available to TANF families needing child care due to participation in CalWORKS program.

QUALITY CHILD CARE

& Child Care Connection is aware of the need for quality childcare. Quality childcare can make a big difference in the future of your child and your community. By choosing quality childcare now, you give a child a head start on a strong mind, body, and spirit. A good place to begin a serious search for childcare in Inyo County is with Child Care Connection.

& Parents know best the needs of their children. Child Care Connection assists parents to locate childcare providers, CCC cannot guarantee the quality of child care that will be offered. Parents alone must be responsible for carefully evaluating their child care choices. We urge parents to interview providers, visit the facility and check references before making a decision.

♥ BISHOP KIDS CLUB

SUMMER 2002

Inyo County Office of Education George Lozito, Superintendent Contact Kim Cash-Miller 873-5123 ex.29 164 Grandview, Bishop CA 93514

What is Bishop Kids Club?

Bishop Kids Club is a school-age childcare program operated by the Inyo County Office of Education. *Bishop Kids Club is located next to the Elm Street Campus 800 W Elm Street.*

Who is eligible?

Any child regardless of race, creed, or color who is at least five years of age yet not older than thirteen years of age on the day of enrollment may enroll. Any child who can not be maintained in the current staffing pattern may not be eligible to participate, or the parents may be charged added costs for extra services.

Daily Program

Bishop Kids Club program consists of four main strands:

Indoor Activities
Outdoor Recreation
Community Involvement
Homework/Tutorial Assistance

Curriculum

Social SkillsMusic and DanceInterpersonal RelationshipsDramatic PlayProblem SolvingScienceLiteratureCommunication SkillsArtGuest VisitsEducational Field TripsEnrichment Presenters

Education Bishop Kids Club programs have a certain number of slots to offer free childcare to income eligible families. The tuition for these children is paid by the State Department of Education. The families must have a need for childcare and meet the state set income guidelines. If you feel you may be eligible for the free program, please submit income documentation for a month with your application or call Kim at 873-5123 ex. 29 for additional information.

Summer Program and Tuition Schedule

Bishop Kids Club is open for summer care between the hours of 7:30 a.m. and 5:30 p.m.

Plan 5A Half Day/am 7:30-12:30 \$12.50 per day

\$62.50/ week

Plan 5B Half Day/pm 12:30-5:30 \$12.50 per day

\$62.50/week

Full day Up to 10 hours \$22.00 per day \$\$110.00/week

A 15% discount will be applied for siblings. No credit is given for days your child does not attend. Vacation: If you do not notify the billing office at **873-5123 ex. 29** at least two weeks in advance of your vacation, you will be charged for vacation time.

Extra hours or early dismissal days are \$2.75 per hour except for closing time. A two-week notice is required for disenrollment.

Please read the tuition agreement carefully before enrolling your child.

All tuition remains the same regardless of non-attendance, vacation, or illness. No credit is given for days your child does not attend. During the summer program, you may take 10 vacation days without charge on the following condition only: Notify the billing office at least two weeks in advance and your bill will be adjusted accordingly.

Tuition is due on the first day of each month. A late fee of \$1.00 per day will be charged after the seventh day of each month. Tuition payments cover the first day of the month through the last day of the month. 0

Bishop Kids Club provides a summer program for children ages five through thirteen from Friday, June 7th, through Friday, August 23rd, with the exception of the following holidays: Thursday, July 4th, for the observance of Independence Day. 0

After closing time: Kids Club is open from 7:30 a.m. to 5:30 p.m. Parents who arrive after 5:30 p.m. will be charged a late fee of \$5 per child for any time within the first 10 minutes. An additional \$1 per minute per child will be charged thereafter. At 6:00 p.m. authorities will be called.

Summer Registration Fee: A non-refundable fee of \$10.00 per family will be charged at the time of registration.

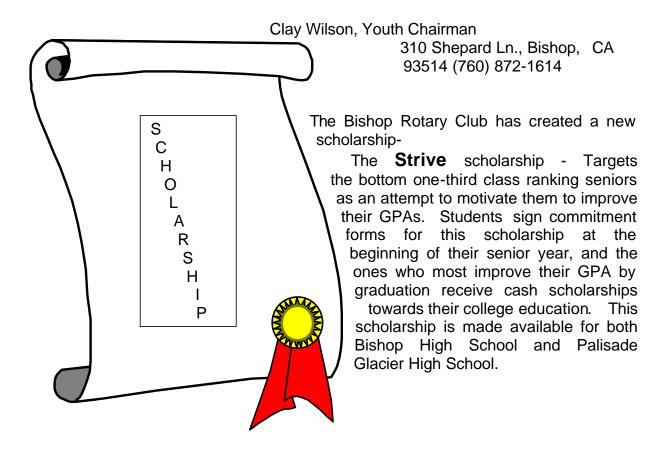
Enrollment: An application and enrollment packet must be completed and approved prior to enrollment. Applications are prioritized according to need for services. If no openings exist, families will be placed on a waiting list. For additional information or to request an enrollment packet, please call Kim Cash-Miller at **873-5123 ex 29.**

Disenrollment: A two-week notice is required. If you do not give the billing office a two-week notice of disenrollment, you will be charged for the two weeks of non-attendance. 0

Additional School Connections $\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma\Sigma$

Country School House		687 W Line Street, Bis	shop	873-5303	
Crowley Christian School Kindergarten - 8 th Grade		Crowley Lake Church on the Mounta	ain	935-4722 935-4272	
Healthy Start	132 L	ee Vining Ave, Lee Vin	ing	647-6194	
Healthy Start Program		25541 Hwy 6, Benton		933-2668	
High Desert Academy		25541 Hwy 6, Benton		933-2315	
Grace Lutheran Christian Pre-School & Day Care	Kinde	711 N Fowler St, Bish rgarten	юр	873-8818 873-4600	
Mammoth Lakes Christian Pre-School		Mammoth Lakes		934-2056	
Mt. Whitney Preschool		220 N Locust St., Lon	e Pine	876-8252	
Shooting Star Cooperative Preschool		585 N Main St., Bisho	p	872-4344	
Seventh Day Adventist		730 Home St., Bishop	•	872-1036	
Indian Education Center		Bishop Big Pine Lone Pine		873-5740 938-2530 876-1034	
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Bishop Rotary Club



INTERACT

Interact is a student service club at Bishop Union High School which is sponsored by the Rotary Club of Bishop. For more information contact Ms. Kingsbury at Bishop High School, or Mr. Gene Coufal c/o the Rotary Club of Bishop, P.O. Box 1414 Bishop, CA 93515



Program Director MADEXTER LELAND MADE 760-387-2905

A PROGRAM TARGETING UNDER-SERVED YOUTH IN 6TH GRADE THROUGH 8TH GRADE

ACTIVITIES 🕏

- Sierra Adventures is a series of Saturday field trips for middle school students who are identified as "under-served". The idea is to show 6th through 8th graders a variety of outdoor activities available here in the Eastern Sierras. Usually, these activities require an adult to accompany the students- such as a hike in the mountains, or a 12 mile bike ride, or cross country skiing. The parents of most of these youngsters are not able to find either the time or money to take their children on these recreational outings. So, we find volunteers who enjoy and are knowledgeable in these sports. The adults go on these adventures with from 12 to 16 students, thereby building mentoring relationships while promoting wholesome outdoor activities.
- Many authorities have noted that involving our youth in outdoor activities is an antidote to drugs and gang activities. This program is formulated to give our children an alternative to the darker side of today's society.
- Sierra Adventures activities are so popular that the students continually ask for more outdoor activities. We plan to expand the program to fall, winter and spring with a varied schedule of both outdoor services projects. The program will include outdoor service projects such as planting trees with the U.S. Forest Service in the spring and bringing a large, industrious crew of kids to the local Earth Day Cleanup.
- We also plan to offer a CPR training and basic first aid course for the core group of attendees.
- Planned activities include: sketching Z fishing Z photography Z llama walk Z cave exploration Z dances Z Friday night dinner & movie Z rock climbing (with certified instructor) Z swimming at Keogh hot springs Z hiking to remote petroglyphs Z parrot encounters & anti-tobacco message (with High Sierra Bird Society) Z Earth Day Z trash pickup & pizza party Z African Drum Workshop Z cross country skiing Z mountain biking Z ice skating Z sledding Z bowling Z hiking Z

GOALS 左

- To provide middle school students at risk of failing or not integrating into the culture of our area with an opportunity to participate in outdoor activities. They interact with youths of other cultures in outdoor activities in our adjacent forests, mountains and desert.
- Expose these teens to healthy, physically active volunteers who serve as positive role models and outdoor educators. In the process, the youngsters are given an opportunity to become acquainted with and be influenced by mature, achieving adults.
- Provide students with pragmatic meaningful and fun activities in the outdoors where their accomplishments help to minimize the tightness of the ethnic cliques that

occur in the public schools. This also helps to build self esteem, physical prowess, teamwork and communication skills.

- Through interaction with the adults develop individual responsibility for personal health and an appreciation for the environment.
- The goals of Sierra Adventures are to break down ethnic cliques that exist in the middle school and demonstrate to the students that in real life all different types of people can work and play together. We have seen the first group of students who participated in this program come out of their shell, so to speak. They are able to interact with their peers and do better in school. They have learned new ways of thinking and making decisions to the extent that they are able to hold a part time job at the local K-Mart and fast food restaurants. They are productive and at ease in high school. This in turn empowers the students to make better choices and develop leadership skills, especially those students who have traditionally been disenfranchised in our town.
- Approximately 60 students are expected to participate in the program in 2001. We look forward to expanding the number of participants and the activities available to them.

HISTORY 🖛

Sierra Adventures has been operating since 1993. It was originally funded as a prevention activity by the Inyo County Tobacco Program and then as a 4-H Adventure Club. It is now an independent entity, except that insurance is covered through the 4-H program.



Bishop Swim Team

P.O. box 1 Bishop, CA 93514
 Stephanie Lehman- Head Coach
 873-7480
 President - JoEllen Keil
 872-4555
 VP - Gloria Phillips
 873-3019

The purpose of the Bishop Swim Team is to promote a recreational and competitive swim program; to encourage physical and mental growth through swimming activities; to promote clean, healthful and wholesome attitudes; to promote good sportsmanship and competitive spirit among team members and their families and; to have fun.

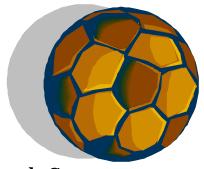
The Bishop Swim Team offers a guided age-group program for children ages 5-18 years, from the beginning swimmer to the most competitive and skilled swimmer. Swimming provides physical, emotional, and intellectual skills that will last a lifetime.

The Swim season runs from mid-April (after school hours) to the first week in August. There are 6 different age group classifications that we compete in: 8 years old and younger, 9-10 years, 11-12, 13-14, 15-16, and 17-18 years old. This way one is only swimming against one's peers. The Swim meets offer an opportunity to gauge one's improvement either by comparing one's

personal best times achieved or by comparing the results with the competitors. Swim meets are scheduled before the season starts and occur approximately 3 weekends of each month of May, June and July. The coaches encourage each family to attend as many meets as possible. Swim meets are a great family experience! They are a place where the whole family can spend time together. Parents are asked to volunteer to help in the many different jobs that are required to run a swim team and the meets. These jobs range from telephoning to computer work to judging the strokes during swim meets.

As a general rule the least possible interruption in the training schedule will produce the greatest amount of success. Consequently attendance at practice is encouraged but not mandatory. It is helpful to inform the coaches if an absence is necessary. Practice is everyday; Monday through Friday during the school months then changes to 4 times a week daily or for the more advanced swimmers, twice a day four times a week. These practice schedules will be set by the coaches after evaluation of swimmer's abilities and age.

There is a fee to join BST. Each child's costs are \$150.00 for the season with reduced fees for the second, third...child in the same family. These fees cover the mandatory insurance fees; however, the added costs of equipment are not included. Each swimmer must have a team suit and goggles and cap as basic uniform. There are meet entry fees for each swim meet, which run around \$15.00 depending on how many events the swimmer enters. There are special scholarships available for the families who cannot meet the \$150.00 registration fee, which can be considered by the board of directors if requested. The only requirement that BST has to join is that the swimmer be able to swim 25 yards (one length of the Bishop Park Pool) on their own. This is the same requirement no matter what the age of the swimmer is.



Boys and Girls Youth Soccer

Registration for the Bishop AYSO program generally takes place in late April to early June. The season kicks-off with a hot dog social in mid to late August, with the season running through October. Games are generally played on Saturdays at the Bishop City Park as well as the Home, Pine and Elm Street Schools. Some games for older players take place on weeknights at the Bishop City Park.

Eligibility: $4\frac{1}{2}$ years of age before July 31^{st} & under 19 on July 31^{st} .

Registration Fees: Please call the information number provided below to verify the current amount of regular and late registration fees. Recently, regular registration was \$40 per player with family discounts provided. Uniform, socks, and secondary insurance are generally included in the registration fee. Some need-based scholarship funds may be available.

EVERYONE PLAYS <u>at least</u> one-half of every game.

BALANCED TEAMS

SHORT-SIDED TEAMS FOR YOUNGER PLAYERS increase playing opportunities and touches on the ball.

SAFETY is the primary concern of the Coaches and Referees. Shin guards are required during all practices and games. Shoe swaps and used equipment are often times available.

SPORTSMANSHIP is emphasized over winning.

November Tournament Teams and Spring league teams are often formed.

FOR MORE INFORMATION CALL 873-KICK

GIRL SCOUTS - JOSHUA TREE COUNCIL

269 Pinion Rd., Bishop, CA 93514 (760) 872-2309

A GIRL SCOUT CAN *** Create a circle of friends who will never let her down. *** see a problem in her community and help fix it ### take trips to places she'd only dreamed of visiting ** direct her own play, star in her own video, experience adventures in science and technology, practice a new sport, plan a party, protect a stream, design a jewelry collection **

Daisy # For Kindergarten girls # Daisies are the newest and youngest members of the Girl Scout family. As a Daisy you can:

put together a scrapbook about yourself and your family \$\mathbb{K}\$ explore a city park or a real farm, and learn how we share the world with plants and animals \$\mathbb{K}\$ visit an adopted grandparent with your troopmates \$\mathbb{K}\$ make homemade applesauce or bread \$\mathbb{K}\$ celebrate holiday games and festivals from all around the world \$\mathbb{K}\$ learn how to make finger puppets and put on a puppet show with your friends \$\mathbb{K}\$ help put together your own Daisy troop band, where you can play an instrument yourself! \$\mathbb{K}\$

Brownie For girls in grades 1-3 If you're an explorer or a discoverer - or would like to be one - then you're all set to be a Brownie Girl Scout! As a Brownie you can:

pack a lunch and take a day hike or bike trip with your troop visit your neighborhood radio station sing new songs and play new games plant flowers in a local park and watch them grow make arts and crafts gifts to share with your family go on an overnight camping trip and learn about living in the out-of-doors be a helper and a friend-maker

Junior That's what Junior Girl Scouting is all about. As a Junior you can:

try your hand at everything from photography and dramatics to fashion and computers sharpen your outdoor living skills on weekend camping trips or at summer camp tour backstage at a musical or play go cross-country skiing or snowshoeing lead a bicycle-safety workshop in your community investigate local history and learn about the women and men who helped to shape your hometown join your troopmates and put together a "double-dutch" jump-rope team

Cadette & Senior * For girls in grades 7 and above * Girl Scouting for Cadettes and Seniors takes on a whole new dimension and lets you be the one to take the lead. As a Cadette or Senior you can:

participate in "Wider Opportunities" - and travel across the country or around the world * take on a challenging backpacking, canoeing, rafting or cycling adventure * join in on make-up, fashion and fitness seminars * exchange ideas about drug awareness, peer pressure and careers with other teenage girls and adults * Cadettes and Seniors, as well as all Girl Scouts, may participate in Girl Scout-sponsored activities either with their troop or individually *

Girl Scout Promise*

O n my honor, I will try:
To serve God and my country,
To help people at all times,
And to try to live by the Girl Scout Law

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

• Girl Scouts is open to girls who pay the membership fee and make the Girl Scout Promise.

For information about how to join, girls and their parents can call:

- 1) DeAnna Gosorn, Service Unit Manager; (760) 872-2309
- 2) Jessica Klemencic, Service Unit Manager; (760) 873-8702
- 3) Leslie Dodge, Area Manager; (760) 938-2819
- 4) Sharie Davidson, Registrar; (760) 873-8628

4-HYOUTH DEVELOPMENT

COOPERATIVE EXTENSION UNIVERSITY OF CALIFORNIA DIVISION OF AGRICULTURE AND NATURAL RESOURCES

207 W. SOUTH STREET, BISHOP, CA 93514 TEL (760) 873-7854 FAX (760) 872-1610 Brenda L. Lacey, Program Representative

The 4-H Youth Development Program and the University of California In 1853 Congress provided land, or funds for land, to states for teaching institutions. The University of California is one of these "land-grant colleges." The Smith-Lever and Hatch Acts provided funds to these institutions for practical "learn-by-doing" education. A three-part system of teaching, research and extension was developed. One part is Cooperative Extension, and 4-HYD is one of the program areas offered by Cooperative Extension.

The 4-HYD Mission, Goals, and Priorities

- To help youth develop into responsible, self-directed, productive citizens of the world, and to improve the well-being of youth and society through the use of research-based learn-by-doing educational experiences.
- Acquisition of life, leadership and problem-solving skills to enhance individual development and well being.
- Acquisition of knowledge and skills in the production and wise use of food and fiber, and the conservation of the world's natural resources.
- Understanding of and responsible participation in, community affairs.

The current 4-HYD Program Priorities are:

- Redevelopment of club programs through volunteer training and development to increase volunteer direction and management while maintaining historic educational quality.
- Expansion of 4-HYD participation in all areas with special efforts to increase minority participation.
- Development and delivery of research-based innovations in youth work to 4-HYD participants and non-4-HYD professionals.

The 4-HYD mission, goals and priorities are accomplished through the development and support of leadership teams of staff, volunteers, youth, and other who organize and conduct educational project experiences in community and family settings.

MEMBERS † Youth are eligible to participate in 4-H if they meet the following age criteria:

- ✓ Eligible for entrance into Kindergarten in local school jurisdiction as of July 1 of the current year.
- ✓ Have not reached the age of 19 by December 31st of the current year.

Participation in Animal Project for K-3 Members

In extending membership eligibility to Kindergarten through third grade youth, the California 4-H Program is mindful of potential risks associated with the care, handling, and exhibition of animals by primary-age children. In particular, the 4H Program seeks to minimize the potential risks to the young member from the unpredictable nature of any project animal and to eliminate the potential public liability exposure from the exhibition of large animals by primary members. Beginning July 1, 1995 youth must be in 4th grade to participate in large animal (beef, sheep, swine, goat, horse, dairy) projects.

INYO AND MONO COUNTIES



The Inyo and Mono Counties 4-H office provides an outdoor adventure program called Sierra Adventures in Inyo County, headed by Jason Ham and Dexter Leland. Their outreach is directed towards 6th through 8th graders with outdoor recreation on weekends and after school.

An outdoor adventure program is provided in Mono County called Mono Adventure Program. Tracie Carrasco from Families in Partnership heads this program that identifies youth at risk in their agency and provides weekend and after school programs. Their membership includes grades 4th through 12th.

California Indian Manpower Consortium, Inc.

Providing services for Native youths ages 14-21

150 Richards Street, Big Pine, CA 760- 938-3010 Gina Jones, Youth Development Specialist

YOUTH OPPORTUNITY GRANT (YOG)

N

What services are available?

THE TEN REOUIRED PROGRAM ELEMENTS ARE:

Tutoring, study skills training, and instruction to lead to completion of secondary school;

Alternative secondary school services;

Summer employment positions;

Paid and unpaid work experience;

Occupational skills training;

Leadership development;

Supportive services;

Adult mentoring;

Services provided to in-school youth would focus on remaining in and completing their high school education as well as enrolling in postsecondary education and training.

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Follow-up services; and Comprehensive guidance and counseling.

Services for out-of-school youth will focus on completion of their high school diploma or GED and preparation for employment, including advanced education or training.

For all participants, the important relationship between academics and employment will be stressed.

Overall Youth Development will consist of the following: The Youth Development Specialist will be flexible when working with the youth participants and setting plans for development activities. Activities will cover all aspects of youth development, including and not limited to leadership development, healthy lifestyles/choices, cultural awareness, arts, self-esteem and personal growth, social skills (interpersonal relationships), financial management, physical health, community services, sports, and outdoor/environmental activities. When possible, these activities will be coordinated with service learning classes at the local high schools, where students learn about their community and ways to be involved in it.

United National Indian Tribal Youth (UNITY) On the Lone Pine Paiute-Shoshone Reservation where a UNITY Youth Council is not yet in existence, action had been taken to start one. Once started, the Lone Pine Youth Council will communicate and coordinate activities with other Youth Councils. Site-to-site contact will be maintained through computers at the YOG site and semi-annual meetings will be held to bring local councils together to discuss activities under the Youth Opportunity Program. In addition, each year, two youth from each reservation UNITY Youth Council will be selected to attend the mid-year and annual UNITY conferences. Also, each year, every center site will have an intensive, weeklong, youth leadership development session, with the agenda for the sessions designed by the youth participants. Included in the agenda will be such topics as conflict resolution, negotiation skills, problem solving, self-control, self-esteem, dealing with peer pressure, and cultural awareness. Also, physical health and nutrition topics will be addressed. 'Y'

Youth Opportunity Program

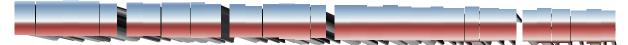
Bishop Paiute Tribe has two Youth Development Specialists that oversee the YO Program for Bishop. Allen Summers and Albert Barlow: 50 Tu Su Lane, Bishop, CA 93514 Ph# (760) 872-6620. Office Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Big Pine Owens Valley Paiute Tribe has one Youth Development Specialist. Genevieve "Gina" Jones. The Youth Center is located at 1050 Richards Street in Big Pine, CA 93513 Ph# (760) 938-3010. Office Hours: 8:00 a.m. - 5:00 p.m. Monday - Friday.

Lone Pine Paiute-Shoshone Reservation 1103 S. Main Street, Lone Pine, CA 93545

760-876-1034 760-876-8302 fax

California Indian Manpower Consortium, Inc., 4153 Northgate Boulevard, Sacramento, California 95834 (916) 920-0285 (800) 748-5259-TTY



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Academic Programs and Services in Family Literacy and Vocational Educational

P.O. Box 1467, Bishop, CA 93514 Phone: (760) 873-5107 Fax: (760) 873-4107 E-mail: consovcd@qnet.com
Paul W. Chavez, OVCDC, Executive Director

Academic Programs >> The Owens Valley Career Development Center offers a variety of certificate programs designed to equip the student with the skills needed for employment. All programs lead into an Associate Degree Program.

Computer Applications >> Students may earn either a Computer Literacy Certificate (12 units) or a Computer Applications certificate (18 units), accredited through D-Q University. Classes meet T/TH evenings and Saturday mornings. Courses include: Computer Fundamentals, Introduction to Word Processing, Database and Spreadsheets, Advanced Office Automation, Computer Graphics, Desktop Publishing, and Introduction to Multi Media.

Substance Abuse → This program covers the competencies required of Certified Alcohol and Drug Abuse Counselors. Students completing the 36 unit program will receive their

Counselor Certificate through DQ University and the Career Center. Students are then eligible to apply for certification with the California Association of Alcohol and Drug Abuse Counselors, ICRC Certification and/or the Indian Alcohol Commission of California.

Hotel/Motel Management →

▶ With Restaurant and Casino Operations ▶ Lodging Operations ▶ Hospitality Certification Programs

During the spring of 1992, the Educational Institute of the American Hotel & Motel Association, a non-profit foundation of the trade associations representing lodging properties worldwide, developed a set of job descriptions that serve as a "Model" for lodging properties. As part of the job description project, the Institute related the job tasks to the competencies determined by the Secretary's (of Labor) Commission on Achieving Necessary Skills (SCANS) to form the knowledge and skill basis for all type of positions.

Career Development, then, surveyed hotel, motel, restaurant and casino employees in the Eastern Sierra to determine what kinds of skills they wanted from employees in their establishments. Career Development then combined the information gained from these sources and developed the present Hospitality Program Certification courses.

Certifications Available The Hospitality Operations Certificate Program offers five certifications.

- **◆** Front Office Operations Certification
- **◆** Dining Room Operations Certification
- **◆** Culinary Certification
- **◆** Advanced Supervisory Rooms Division Certification
- **◆** Advanced Supervisory Food and Beverage Certification

Construction Trades This 38 unit hands-on program introduces students to all phases of residential construction, with an emphasis on carpentry. Upon completion, students will receive a Certificate from Lassen College for the Construction Trades Program.

Certified Nursing Assistant/ Home Health Aide → Certified Nursing Assistant/ Home Health Aid Certificates.

These classes, totaling 13 colleges credits, prepare students to be certified by the State of California to work as a Certified Nursing Assistant and/or a Home Health Aide. Students completing these programs are in high demand in the Owens Valley.

Owens Valley Career Development Center History NOVCDC was established in 1977, as a tribal organization on the Bishop Paiute Reservation in Bishop, CA. The center is the result of a liaison between the Indian Communities of Inyo-Mono Counties, Higher Education Institutions, and Vocational Training Schools. The purpose of the Center is to provide accredited post-secondary education to promote economic opportunities for the Indian population and to all members of the community. Counseling on career opportunities, and educational funding are also provided. Programs are designed to teach the skills necessary for employment and educational advancement. AVCDC services are open to Indian and Non-Indian students.

Other Services Available To Students >>> Financial Aid Career Assessments Job Placement Assistance

Other Career Development Programs >>> Tu-nee-wa Novee Even Start Programs: (760) 872-2115 Designed to meet the needs of low income parents and children up to age eight, Even Start integrates the following programs:

Early Childhood Development ▼ Headstart/preschool, Daycare, Tutoring, Title IX Indian Program and more.

P.A.C.T (Parent/Child time Together) → Cultural activities, Family fun, Home Activities, Community Activities, Family Learning Bags

Parent Education → Native Parenting Workshops, CPR/ First Aid Workshops, Tax Assistance, Healthy Living Workshops

Adult Education ▼GED, Beginning Computer Literacy, Job skills, Resume writing, Interviewing skills, transition to Vocational Education.

Cultural Enrichment Programs ▼ Traditional Paiute Survival Skills - Documentation Project - Paiute Language Project

Through Education And Determination, Dreams Can Become A Reality ← ← ← ← | | | → → → →

Inyo Mono Advocates for Community Action, Inc.

People Helping People

Bruce A. Klein, Agency Planner

224 South Main Street, Bishop CA 93514 873-8557

IMACA is the nonprofit, organizational umbrella for Healthy Communities of Southern Inyo. IMACA's "Community Vision for the Lower Owens River Project" does community planning for opportunities presented by the LORP. Youth involvement may be among its critical components.

IMACA provides community service through county probation. Juveniles performing community service are required to write an essay after completion of one half of required service. The topic is "What I have learned".

Problem Inyo County has an extraordinary teen pregnancy rate. In itself, this is not a problem - teen mothers may be competent and caring, raising happy, healthy kids. But there are often profound difficulties associated with teen pregnancies: non-existent to poor prenatal care, poor infant care/nutrition, high dropout incidence and subsequent unemployability, dependence upon public assistance, etc. The forgoing is equally applicable to teenage fathers.

How best do we intervene? The "we" is our community, but next we ask who within our community is prepared to exercise more than pro forma leadership concerning our young. Recent Owens Valley initiatives demonstrate some emergent leadership:

- Wild Iris Women's Services, recipient of a large California Endowment grant in support of its Youth Violence Prevention Program, intends to focus significant effort on providing youth guidance in schools and its Teen Center.
- Inyo County's Male Involvement Program (MIP) is part of the first statewide effort in the nation to focus on the male's role in teen pregnancy prevention. This program works to help young men who are on probation or have been recently incarcerated to develop the sense of worth necessary to make responsible life choices.

Proposal What is being proposed here are youth outreach services that get our young folk out there into the green, not merely to recreate but to develop insight into natural processes, or ecosystems, and how we fit into them.



IMACA- C§ntact Information

Administration Emergency Services Housing

224 S. Main St., P.O. Box 845, Bishop, CA 93515

(760) 873-8557 Fax (760) 873-8182

E-mail: imaca3@qnet.com

Community Work Experience Program

218-A So. Main Street. Bishop, CA 93514

(760) 873-8557

www.qnet.com/\cupimaca E-mail: imaca@qnet.com

107337 Highway 395, Coleville, CA 96107 (530) 495-2232

Community Connection for Children

P.O. Box 8571, Mammoth Lakes, CA 93546 (760) 934-3343 Fax (760) 934-2076

P.O. Box 415, Coleville, CA 96107 (530) 495-2137 Fax (530) 495-2544

IMACA Head Start State Preschool

140 Whitney Alley, Bishop, CA 93514 (760) 873-3001 Fax (760) 873-6724

E-mail: imacahs@qnet. com

P.O. box 8106 Mammoth Lakes, CA 93546 (760) 924-3393 Fax (760) 924-3566

Glass Mountain Apartments

3554 Main Street, Mammoth Lakes, CA 93546 (760) 924-3888

Mt. Whitney Apartments

375 N. Mt. Whitney Dr., Lone Pine, CA 93545 (760) 876-4272

E-mail: <u>imaca@qnet.com</u>

Valley Apartments

156 E. Clark St., Bishop, CA 93514 (760) 873-8557

HEAD START PROGRAM INTRODUCES CONNECTIONS!

Inyo Mono Advocates For Community Action

140 Whitney Alley, Bishop, CA 93514 (760) 873-3001 (760) 873-3021 fax (760) 873-6724 2600 Meridian Blvd., Mammoth Lakes, CA (760) 924-3393

Target Population This program is designed to meet the needs of isolated families of children, especially children ages birth through 5 years. Preference will be given to families about whom child abuse reports have been made or where child abuse is suspected or if the family is involved with multiple agencies.

Referral forms are available. If you would like to make a referral but do not have a form or if you have questions about completing the form, please call the number below.

Need more Information ? Please contact Robyn Wisdom, Area Manager and Connections program coordinator, IMACA Head Start: (760) 873-3021.

Strengthening Community Connections through...

Family Fun Events Monthly Family Fun Events are planned for each area. Activities encourage quality adult-child interaction and will include the entire family. In areas where Head Start services are provided, these events may be combined with similar Head Start events to allow families to meet and interact with new people. Past activities have included: making rock families, making simple felt boards for use at home, BBQ's, making books, art activities, etc.

Community services Family Advocates assist families as they establish links with community services outside the *Connections* program. These services include, but are not limited to, establishing links with health providers, community activities and organizations providing services to families, children and youth, and providing individual mental health services and information about groups or 12 step programs.

Program Staffing

Family Advocate A Family Advocate is assigned to each family enrolled in the program. This family advocate will help the family reach goals they have set for themselves, make connections to services and supports that are available in the community, and help parents help their children to reach their full potential.

Early Childhood Education Specialist The Early Childhood Specialist is available to provide more in-depth training for parents, either in groups or individually at home visits, on parenting and child development issues. She is also available to give input to family advocates and Head Start teachers who will be planning and developing the monthly Family Fun events in order to provide opportunities for modeling quality adult-child interactions in group settings.

Registered Nurse The nurse is available to make home visits, consult with individual parents or staff members, and provide training and expertise on health-related topic. In addition, the nurse is available to answer questions and perform health assessments as appropriate.

Mental Health Professional A licensed MFCC is on contract with the program to provide limited-term services to families enrolled in this program. She also is available to make home visits, consult with individual parents or staff members and provide training.

Nutritionist A Nutritionist with a master's degree in Food and Nutrition is available to provide information and tips to families who are concerned with providing healthy foods at a minimum cost. She can also link eligible families into the WIC program.

Home Visits The core of this program is the home visit, which is usually made by the Family Advocate. During these visits, families are encouraged to openly

assess their strengths and needs. This process enables the program to respond to individual families. Topics discussed during visits may include:

- child development, including screens and assessments as deemed necessary, and tracking children's progress from one level to another,
- improving family relations including reducing stress, developing high selfesteem, and dealing with sibling rivalry,
- budgeting and money management,
- parenting skills, especially supporting high-quality adult-child interactions in the home and in the community,
- effective discipline techniques,
- healthy habits (nutrition, fitness, etc.)

Project R.E.A.C.H.

A Community Program for young children and their families

Inyo Mono Advocates for Community Action

140 Whitney Alley, Bishop, CA 93514 (760) 873-3001 fax (760) 873-6724 e-mail imacas@qnet.com
Child Development and Family Services



★ Resource **★** Education **★** Advocacy **★** Community **★** Health

Project REACH offers the communities within Inyo County a unique opportunity to develop their capacity to support the growth and development of their young children and families.

Community Assessment ★ Community Planning ★ Community Involvement

Sharing our skills & knowledge, community activities, volunteering For more information or to get involved, please contact your REACH Community Partner in your area:

Bishop, Big Pine, Round Valley	760.873.3021
Independence, Lone Pine, Furnace Creek	760.876.4721
Olancha, Keeler, Darwin	760.876.4721
Tecopa, Shoshone, Charleston View, Chicago Valley	760.852-4151

Adolescent Family Life Program

Promoting healthy outcomes for pregnant and parenting teens throughout Inyo County

AFLP Telephone (760) 872-0923

Maternal Child Health 1-800-447-0703

162 J Grove St., Bishop, CA 93514

AFLP is a program for pregnant and parenting teens designed to provide community resources to enhance healthy lifestyles, education potential, economic opportunity and self-sufficiency.

Goals for the Mom and Child

- 1. To deliver healthy babies.
 - 2. To attend school and graduate.
- 3. To get regular physical exams and immunization.
- 4. To provide nurturing parenting, and discipline.
 - 5. To utilize family planning services, and use birth control, including abstinence.

6. To learn about normal growth and development.

873-5123

Friends of AFLP Within Inyo County

4 Inyo County Health & Human Services

Child Care Connection

Bishop:	873-7868
Independence:	878-0241
Lone Pine:	876-5545
WIC	872-1885
Family Health Center	872-4311

Male Involvement Program 873-6443

Independent Living Program

Administered by CPS 162-J Grove Street, Bishop, CA 93514 (760) 873-6533

Contact: Linda Benson

ILP Contact Person: Lan Nguyn, CPS Worker Assisting: Pam Sterling and Roseanne Higley



18 week program 2x/week

All aspects of independent living



Maximum students per class: 15

Please call for program information & eligibility



Male Involvement Program

Inyo County Health & Human Services
Office Location: 1351 Rocking W Drive, Bishop, CA 93514
Mailing Address: 207-A W. South Street, Bishop, CA 93514
760/ 873-6443 Fax 760/ 8736505

MIP is a life skills education & development program for young men. By helping teens to develop life skills, such as learning to communicate with their partners about contraception & securing a job, the program works to empower young men to take positive, responsible actions.

MIP is designed to help young men develop the tools needed to make appropriate choices about early fatherhood and preventing teen pregnancy. A central goal of MIP is to help young men develop a sense of achievement, self worth and self esteem which are essential to their ability to make responsible life choices.

Youth meet regularly with adult staff for health advocacy meetings and life skills activities. Positive male role models from our community volunteer to talk with youth about their careers and how to develop essential life skills.

MIP teams up with Inyo County Juvenile Probation and other groups to identify candidates for the program. All participants are males between the ages of 13-17 years.

What MIP offers

Health advocacy meetings on ways to prevent teen pregnancy & how to make healthy life choices - topics include male responsibility, reproductive anatomy, refusal and negotiation skills, abstinence, birth control methods, and sexually transmitted infections

- Life skills development visits to job sites, resume writing & general career development
- Chance to try out fun and challenging activities
- Opportunity to learn about different careers
- A safe place to talk with caring adults & teens
- Referrals to health services, including reproductive health services

MIP Friends

- Wild Iris Teen Center
- Inyo County Health Services
- **89** Bardini Foundation
- White Mountain Research Station
- **80** Bureau of Land Management Fire Fighters

- **SOLUS Forest Service Fire Fighters**
- Inyo County Juvenile Probation
- and many more

For information about joining or volunteering for MIP call (760) 873-6443

Real Men are Responsible Men

Inyo County Mentor Program

Volunteers In Prevention

1351 Rocking "W" Drive, Bishop, CA 93514 760-872-4245 fax 760-873-6505 e-mail invomentors@aol.com

Why Should I Become A VIP?

The Inyo County Mentor Program is a positive way to connect children and young people with adults. Most of us can remember a person who made a difference in our lives, a teacher or other positive adult.. The success of mentoring reflected in a study by the California Foundation. The study shows that out of children and young people in mentor programs 1999:



98.4 percent stayed in school



85.25 percent did not use drugs

97.9 percent did not become a teen parent

What is a Mentor? A Mentor is:

- A wise and trusted friend
- A good listener, someone who cares
- Someone who has been there
- Someone to assist in achieving success

A Mentor isn't:

- An ATM machine
- A movie pass
- A chauffeur
- \mathbb{S} Someone telling you what to do

Who is This Program For? It's for children and young people between the ages of 7 and 17 looking towards success.

How do I become a Mentor? Contact the County of Inyo Health and Human Services Prevention Division at 872-4245 for more information.

What kind of Commitment do I need to Make?

- At least six months to work with one child
- A minimum of 4 hours each month in activities with child or young people

- Contact the child or young people weekly to build a consistent relationship
- 3-4 hours of initial training and orientation prior to being matched

MISSION Our mission is to provide Inyo County Youth with consistent and caring support from committed adults who will help guide these Youth through some of the challenging situations of their life

BECOME A V.I.P.

Inyo County Behavioral Health

Part of a Larger System

Gail Zweir, Ph.D., Behavioral Health Director 162 J Grove St., Bishop CA 93514 873-6533

- Inyo County Behavioral Health: Operating under a larger County Government Department *Inyo County Department of Health & Human Services*
- Inyo County Department of Health & Human Services Housing a number of separate "Divisions," including all of the following:
 - 7 Behavioral Health
 - 7 Health
 - 7 Social Services
 - 4 Public Assistance
 - 4 Child Protective Services (CPS)
 - 4 Adult Protective Services (APS supervised by BH)
 - 7 Prevention Services
 - 4 Prevention Programs for Health and Human Services
- Inyo County Behavioral Health Agent for the *California Department of Mental Health* to provide Public Mental Health Services to eligible consumers residing within Inyo County

Inyo County Behavioral Health - Agent for the *California Department of Alcohol & Drug Programs* to provide Public Alcohol & Other Drug Services to eligible consumers residing within Inyo County

ELIGIBILITY FOR MENTAL HEALTH SERVICES

When an Individual has Medi-CAL insurance coverage, they must meet the following criteria, in order to be eligible for *Mental Health Services*, under Medi-CAL.

For Adult Consumers of MH Services:

The Individual must meet numbers 1,2, and 3 listed below:

- 1. DSM-IV diagnosis identified (diagnosed with a Mental Disorder)
- 2. As a result of a mental disorder, the Individual has at least one of the following (a, b, or c):
 - a. A significant impairment in an important area of life functioning.
 - b. A probability of significant deterioration in an important area of life functioning
 - c. A probability the child will not progress developmentally as individually appropriate
- 3. Intervention Criteria (proposed MH service) must meet:
 - a. The focus of the Proposed Intervention (MH service) is to address the condition in 2 above.
 - b. The expectation is that the Proposal Intervention (MH service) will do at least one of the following.
 - i. Significantly diminish the impairment identified.
 - ii. Prevent significant deterioration in an important area of life functioning.
 - iii. Allow the child to progress developmentally as individually appropriate.

For Youth Consumers of MH Services (under 21 years & EPSDT eligible)

The above is amended, such that the Individual is eligible when:

"The Proposed Intervention (MH Service) is needed to correct or ameliorate a defect, mental illness or condition" (Definition of *ameliorate:* to make, or become better; improved.)

Inyo County Health & Human Services Behavioral Health Division

Group Services

Group Name I	_ocation	Day	Time	<u>Facilitator</u>
Youth Oriented:		-		
School-Referred Adolescent	Bishop	Mon.		Colleen Reardon
Art Therapy (age 10+)	Bishop	Tues.	•	(im Frey
Teen Group Teen Group	Bishop Lone Pine	Tues. Wed.	•	onnie Parker Connie Parker
Kid's Group (age 6-9)	Bishop	Thurs.		Alberto Valdez
(ago o o)	Бюлор	· · · · · · · · · · · · · · · · · · ·	7	iiborto valace
Family Oriented:			_	
Family Support	Lone Pine	Tues. (2 nd /4 th)		ebbie Breazeale
Parenting (Managing Anger)	Bishop	Wed	5:30-7 p.m.	Kim Frey
Perinatal	Bishop	Mon	5-7:30 p.m.	Sheron Farmer
Perinatal	Bishop	Wed	10-11:30 a.m.	
Perinatal	Bishop	Thurs.	10-11:30 a.m.	Sheron Farmer
Perinatal	Lone Pine	Fri.	10-11:30 a.m.	
Substance Oriented:				
Relapse Prevention	Bishop	Tue.	5:15-6:15 p.m.	Mary Morris
Diversion	Bishop	Thurs.	•	Colleen Reardon
DDP - First Offender	Bishop	Mon	5-7 p.m.	Buddy Leslie
DDP - Mult Offender	Bishop	Tues.	3-5 p.m.	Buddy Leslie

DDP - Mult Offender DDP - M/F Offender DDP - M/F Offender DDP - First Offender	Bishop Lone Pine Bishop Bishop	Tues. Wed. Wed. Thurs.	1-3 p.m. (5-7 p.m.	Colleen Reardon Colleen Reardon Buddy Leslie Colleen Reardon
Adult Oriented: Duel Diagnosis General Assistance Independent Living Self-Awareness	Bishop	Tues.	3-4 p.m.	Alberto Valdez
	Lone Pine	Wed.	10-11:30 a.m.	Tim Toppass
	Bishop	Wed.	2-3 p.m.	Cindy Jared
	Bishop	Wed.	3-4:30 p.m.	Kim Frey
Progress House Group	Bishop	Tues.	9-10 a.m.	BD Mattovich
Progress House Dance	Bishop	Tues.	1-2 p.m.	BD Mattovich
Progress House Group	Bishop	Thurs.	1-2 p.m.	BD Mattovich

PROVIDERS OF MENTAL HEALTH SERVICES

This is a list of public and private (licensed) mental health professionals as well as some non-licensed persons experienced in court mediation in Inyo County. This does not constitute an endorsement of the individuals or facilities named, or a non-endorsement of any individuals inadvertently omitted.

Service Provider	Telephone Number	Mediation	Substance Abuse				Certified Batterer's Treatment	,	
Alpine Center	873-4357		Х	Х	Х	Х	Х	Х	

Doris Santiago, M.F.T. *Domestic Violence Prevention & Anger Management (Spanish). *Co-parenting 12 week program for separated/divorced parents. Janet Kennedy-Overstreet M.F.T.

873-6712				x Children			x Children
872-4315				Х			
935-4608	Х						
934-0121	Х	Х	Х	Х	Х		Х
873-4357		Х	Х	Х	Х	Х	Х
872-9153	Х	Х	Х	Х	Х		Х
) 872-9153	Х	Х	Х	X	Х		Х
	872-4315 935-4608 934-0121 873-4357 872-9153	872-4315 935-4608	872-4315 935-4608	872-4315 935-4608	Children 872-4315 x Children 935-4608 x 934-0121 x x x x 873-4357 x x x 872-9153 x x x x x x x	Children 872-4315 x Children 935-4608 x 934-0121 x x x x x x x x x x x x x	Children 872-4315 x Children 935-4608 x 934-0121 x x x x x x x x x x x x x

Richard LeGassick, Ph.D.	872-2341						
Family Law Facilitator Inyo-Alicia James, Attorney	872-4146	Х					
Family Law Facilitator Mono- Pat Struckman	925-3740 932-5239	Х					
Janet Guglielmino, Ph.D.	872-4000				Х		Х
Janet Hambleton, Ph.D.	872-3613	Х			Х		х
Robert Kittle, L.C.S.W.	935-4626	Х	Х	Х	Х	Х	х
Medicine Blanket Toiyabe Family Services	873-6394				Х		
Sandra Medina, M.S.W.	934-3418	Х					
Service Provider	Telephone Number	Mediation	Substance Abuse	Alcohol Abuse	Victim Issues	Anger Mngnt.	Certified Marriage & Batterer's Family Treatment
Carlos Montes ***Bilingual Spanish speaker	937-5361	X	Х	Х			Х
Deborah Nielsen Montes, M.F.T.	937-5361	Х			Х	Х	X
Brent Patterson, Ph.D.	872-4099	Х			Х	Х	Х
Leo Pisculli, MD	872-4311				Х		
Vicka Stout, M.F.C.C.	873-5939	Χ					х
Toiyabe Family Services Native American Services Vera Leisure, M.F.C.C.I.	873-6394		Х	Х	Х	Х	х
Deborah Nielsen-Montes, M Lynna Walker, P.M.H.N.	.F.T.						
Deborah Nielsen-Montes, M	.F.T. 872-3901	X					
Deborah Nielsen-Montes, M Lynna Walker, P.M.H.N.		х	Х	х	X	х	Х
Deborah Nielsen-Montes, M Lynna Walker, P.M.H.N. Judge J. Kimball Walker Inyo County Mental	872-3901	X	x x	x x	X	x	X

INYO COUNTY HEALTH CLINICS WHAT WE CAN DO FOR YOU

207 A West South St., Bishop, CA 93514 873-7868 155 East Market, Independence, CA 93526 878-0241 380 N. Mt. Whitney Dr., Lone Pine, CA 93545 876-5545

SERVICES	PROGRAM NAME	YOU ARE ELIGIBLE	
IF			
Complete Well Child Exams	CHDP (Child Health & Disability Program)	0-18 Years of Age & Medi-Cal or 200% Federal Poverty Level	
Help with medical cost and transportation for children	CCS (California Children Services)	0-21 Years of Age & Gross Income Under Limited to specific \$40,000 adjusted income Medical conditions & Over \$40,000 evaluate	
Health Insurance Plan guidelines for Chi	Healthy Families Idren	0-19 Years of Age or Meets Fe pregnant women &	ed
Women's Reproductive Health Services	Family PACT	Women of reproductive Meets Federal guidelinage &	es
WIC Screening Childhood Immunizations Travel Immunizations Pregnancy Testing Contagious Disease Blood Pressure Screening	Walk in Clinics	All ages	
Medical Services	General Medical Clini	c All ages	

Brief Physical Exam Sports Physical School age

Breast Exam and Free BCEDP 40 and over **&...** 200% Federal Poverty

Mammogram (Breast Cancer Early Detection Program)

Blood Test for HIV Disease Anonymous and confidential 12 and over

HIV testing

Dental Services Family Dental Program Children & Adults

without private Medi-Cal

Dentist **&...**(with no share of cost)

Level

Education & Information POE Pregnant women &...Medi-Cal

during Pregnancy (Prenatal Outreach & Education Program)

Contagious Disease Monitoring Confidential reportable diseases All ages

Education and Referrals and conditions

Youth Substance Abuse Services

Juvenile Hall ■ Linda Durbin Juvenile Center P.O. Box 306, Independence, CA 93526 (760) 878-0426 ■ Two groups per week, 1x1 counseling (almost daily) Utilize Assessment Tool- Including family dynamics as well as chemical and physical aspects.

Lone Pine Teen Group ■ Linda Durbin Thursdays 3-4:30 P.M.

Bishop Teen Group ■ Linda Durbin & Constance Parker ■Tuesdays 4-5:30 301 W. Grove Street, Bishop

Alateen Target Group: Youth from substance abusive homes or youth that are addicted themselves. ■ Learn about the disease, physical effects, and family dynamics ■ Wednesdays 5-6:30 Alano Club of Bishop 314 W. Line Street, Bishop

Narcotics Anonymous (NA) (includes alcohol) For youth and adults Wednesday 7-8:30 p.m. & Saturdays 7-8:30 ■ Alano Club of Bishop 314 W. Line Street, Bishop

Alcoholics Anonymous (AA) (excludes drugs) See meeting schedule ■ AA Information Lines: Bishop 873-6700 η Lone Pine 876-5692

Alcoholics Anonymous Meeting Schedule

AA Information Lines:	Bishop	(760)) 873-6700
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Mammoth Lakes (760) 934-3434 Bridgeport/Walker (760) 932-0051 Lone Pine (760) 876-5692

Meeting Places:

Bishop Group: St. Timothy's Church 700 Hobson St., Bishop

ATTN: Building is not handicapped accessible

Rd., Vons Shopping Center, Upstairs, Mammoth

Lakes

Mammoth Mall 2nd floor conference Rm. Old Mammoth & Tavern Rd., Mammoth Lakes

Shakey's Pizza Parlor 3704 Main Street,

Mammoth Lakes

Walker

	Statham Pine, CA	Hall Corner of Jackson & Bush St., Lone
TYPE OF MEETING	Anonymous (C) CLOS who have a stop drinking (NS) Non-S (SB) Meeti	to anyone interested in Alcoholics program of recovery from alcoholism SED- For AA members only, or for those drinking problem and have a desire to 3" Smoking Meeting ing has Smoke Break s a Smoking Meeting
Sunday	9:00 am 2:00 pm 8:00 pm 8:00 pm	Mammoth Group (O)(NS)σ High Sierra Group (0)(S) High Sierra Group (O)(S) Mammoth Group (O)(NS)Θ
Monday	12 noon 12 noon 12 noon 8:00 pm 8:00 pm	Bridgeport Meeting (O)(NS) Mammoth Group (O)(NS)P High Sierra Group (O)(NS) Bishop Group, Q&A Meeting (O)(NS) Mammoth Group Step Study (O)(NS)Θ
Tuesday	6:30 am 7:00 am 12 Noon 12 Noon 5:30 pm 7:00 pm 7:15 pm 8:00 pm 8:00 pm	High Sierra Group (C)(NS) Mammoth Group (O)(NS)Θ Mammoth Group (O)(NS)Θ High Sierra Group Women's (C)(NS) High Sierra Group (O)(NS) Walker Meeting (O)(NS) Lone Pine Group (O)(NS)9 High Sierra Group (O)(S) Mammoth Group (O)(NS)Θ
Wednesday	12 Noon 12 Noon 7:00 pm 8:00 pm 8:00 pm	Mammoth Group (O)(NS)Θ High Sierra Group Defect/Asset,step (O)(NS) Bridgeport Meeting (O)(NS) High Sierra Group Big Book Study (O)(SB) Mammoth Group (O)(NS)Θ
Thursday	6:30 am 12 Noon 12 Noon	High Sierra Group (C)(NS) Mammoth Group (O)(NS)Θ High Sierra Group, Sober Living (O)(NS)

Southern Inyo Hospital 501 E. Locust St.

Lone, Pine

Lone Pine Group

	6:30 pm 6:30 pm 7:00 pm 8:00 pm 8:00 pm	Mammoth Group Women's (O)(NS) Θ Mammoth Men's Group (O)(NS) ← Lone Pine Group (O)(NS) ♦ Bishop Group 12 &12 (C)(NS) Mammoth Group (O)(NS) Θ
Friday	12 Noon 12 Noon 8:00 pm 8:00 pm	High Sierra Group (O)(NS) Mammoth Group (O)(NS)Θ High Sierra Group (O)(SB) Mammoth Group (O)(NS)Θ
Saturday	8:00 am 12 Noon 8:00 pm 8:30 pm	Walker Meeting (O)(NS) Mammoth Group (O)(NS)⊕ Mammoth Group (O)(NS)⊕ Bishop Group (O)(SB)

Healthy Communities of Southern Inyo County

Serving the Communities of Lone Pine and Independence

126 South Main Street, Lone Pine CA 93545 876-1011

What is Healthy Communities all about?

It is the concept that community members have the ability to create a community that fits their own concept of healthy - physically, socially and economically - by pooling their resources. Healthy Communities is about "quality of life" and about making the connections to provide quality for all community members.

Who can participate in Healthy Communities?

Everyone! All members of the community from individuals to civic organizations to schools to business groups to youth, families and seniors. Anyone with ideas and resources on how to improve our area is welcome.

What kind of issues does Healthy Communities address?

Healthy Communities addresses quality of life issues like recreation, cultural appreciation, protecting and engaging our youth, promoting healthy lifestyles and providing support for special populations. Any issue that is important to members of the community.

How does the process work?

It is a continual process of working together to build dreams, find solutions, and get things done in order to create a healthier, happier community. The commitment to the process of working together is the most important ingredient to success. It involves discussion, individual responsibility, a willingness to listen and a desire to be heard.

Is this different than the way our community works now? Do the Healthy Communities activities duplicate existing activities?

Traditionally, citizens have been viewed as the consumers of services. The Healthy Community sees the citizen as a partner and participant in decision-making. Healthy Communities seeks to create a resource bank of individuals and groups that are interested in partnering and in participating. People working together to make our great communities even stronger.

How do I participate?

Attend a few Healthy Communities meetings and learn how to take this process back to your organization, agency, business, friends and family.

Who are the current Executive Committee Members?

Jaque Hickman, Boulder Creek, Lone Pine Betty Gilchrist, Southern Inyo Hospital, Lone Pine Perry White, Sierra Baptist Church, Independence Frank Loder, DWP, Independence

Jeanette Whitehair, Inyo CountyProbation, Lone Pine Daniel Steinhagen, IMACA, Bishop Michael Dorame, County Supervisor, Lone Pine Marvey Chapman, Elderhostel Leader, Independence

The Salvation Army



Available to any individual in need of emergency assistance with food, shelter, gasoline and shut-off notices for electricity and/or propane. The Salvation Army Big Pine Welfare Unit also has a food pantry for those in need.

The Salvation Army Golden State Division Field Service Extension Representative East Kern, I nyo, and Mono Counties Dorothy B. Nelson, 148 Lilac Square Ridgecrest, California 93555 Phone: (760) 384-3225 Cell (760) 371-5176 Fax (760) 384-1457

BISHOP

The Salvation Army, Cup of Cold Water Welfare Unit 312 North Warren Street, Bishop, CA 93514

P.O. Box 1104 Bishop, CA 93515 (760) 872-2124 fax(760) 872-9356

m-f 9:00a.m. - 3:00p.m.

Contact Person: Dwaine Breazeale

BIG PINE

The Salvation Army, Big Pine Welfare Unit 1124 Newman Street , Big Pine, CA 93513 P.O. Box 661, Big Pine, CA 93513 (760) 938-2608 Fax (760) 938-3131 Hours of Operation - On Call Contact Person: Jan Barron

BORON

The Salvation Army, Boron Welfare Unit First Assembly of God Church 12101 Roberts Avenue, Boron CA 93516 (760) 762-6392

m-f 9:00 a.m. - 12:00 noon
Contact Person: Linda Harvell

BRIDGEPORT

The Salvation Army, Bridgeport Welfare Unit First Baptist Church
P.O. Box 821, Bridgeport, CA 93517
(760) 932-7275

Hours of Operation: On Call Contact Person: Pastor Rodney George

CALIFORNIA CITY

The Salvation Army, California City Welfare Unit

8525 California City Blvd, Suite "B"

California City, California 93526

(760) 373-4116 fax (760) 272-1576

m-f 9:00 a.m. - 1:00 p.m.

Contact Person: Dorthea Thayer

ROSAMOND

The Salvation Army, Rosamond Welfare Unit
First Assembly of God Church
2881 "C" Street, Rosamond CA 93560
(661) 256-9153 fax (661) 256-3799
m-f 9:00 a.m. - 12:00 noon
Contact Person: Pastor Alfred Wallis

Walker

The Salvation Army, Walker Welfare Unit IMACA

107337 Hwy 395, Coleville, CA 96107 (530) 495-2137 fax (530) 495-2544 Contact Person: Cathy Teeters

Additional TSA Information: In Case of an Area Disaster, notify the following in the order listed:

Dottie Nelson; (714) 384-3225 cell (760) 371-5176

Ernie Young TSA Disaster Representative (925) 458-3321 cell (925) 766-6263 alternate cell (925) 783-8050 fax (925) 458-0916 The Salvation Army Headquarters Accounting System Representative is Jenifer Copple, (415) 553-3570

Wild Iris

Women's Services

It Takes a Community to Stop Family Violence
Inyo County Program: 187 May Street, P.O. Box 697,
Bishop, CA 93515-0697

(760) 873-6601 Toll Free (877) 873-7384 Fax (760) 873-8104

24 Hour Hotline: (760) 873-7384 E-mail: wildiris@qnet.com Se Habla Espa nol

Mono County Program: 437 Old Mammoth Road, Suite 215, P.O. Box 2558

Mammoth Lakes, CA 93546-2499

(760) 934-2491 Toll Free (877) 934-2491 Fax (760) 934-

courses

Margaret Clevenger - Community Education and Counseling

Understanding Anger & Adult curriculum or Teen curriculum; eight 1 ½ hr. classes or presentations and seminars at various lengths. Addresses positive and negative functions of anger, physiology, assertiveness,

cognitive and behavioral monitoring, alternatives, and accountability.

Conflict Resolution \mathcal{F} Adult curriculum or Teen curriculum; five 1½hr. classes; presentations and seminars at various lengths. Goes into the "nuts and bolts" of problem solving. Course covers simple skills to keep a conflict from escalating, as well as identification of needs, communication skills, and negotiation skills to solve more complicated problems.

Anger Management 2 twelve 1½hr. classes. Comprised of the Understanding Anger course and the Conflict Resolution course running back to back.

Parenting R eight 1½hr. classes. This S.T.E.P. (Systematic Training for Effective Parenting) course helps parents identify goals of misbehavior, learn the art of encouraging respectful, effective communication, and set limits with natural and logical consequences.

Communication Skills (5 length varies. Effective communication skills including Reflective Listening, I Messages, and Communication Blockers.

Assertiveness 🔊 length varies

The Compassionate Friends

Compassionate Friends of Bishop (760) 873-4103

P.O. Box 3696, Oak Brook, IL 60522-3696 (630)990-0010 χ Fax (630)990-0246 E-Mail nationaloffice@compassionatefriends.org χ web page www.compassionatefriends.org

The Compassionate Friends (TCF) is a national nonprofit, self-help organization which offers friendship and understanding to families who are grieving the death of a child of any age, from any cause. There is no religious affiliation. There are no membership fees or dues, and all bereaved family members are welcome. Founded in England in 1969, it was established in the U.S. in 1972, with 501(c)(3) not-for-profit incorporation in 1978, under which provision our 600 local chapters also gualify.

MISSION: The mission of The Compassionate Friends is to assist families in the position of grief following the death of a child and to provide information to help others be supportive.

ORGANIZATION: χ TCF has a 13 member national volunteer Board of Directors comprised of bereaved parents and/or siblings. χ In 21 years, TCF has grown from 40 chapters to approximately 600 chapters in 50 states. All chapter leaders are volunteers and are bereaved parents or siblings, as are the regional coordinators. χ At TCF's national headquarters, in Oak Brook, Illinois, our Executive Director is supported by a full-time staff of five and supplemented by TCF volunteers as needed.

ROLE OF LOCAL CHAPTERS: χ Local chapters' regular meetings provide a caring environment in which bereaved parents, grandparents and siblings can work through their grief with the help of others who have "been there." More that 15,000 people attend local chapter meetings each month. χ Outreach is provided and reaches more than 110,000 bereaved families and professionals each month through chapter newsletters, phone calls, notes, and personal visits. χ Educational information on parental and sibling grief and the work of TCF is provided to the community through publicity, speaking engagements and the distribution of materials. χ

SERVICES PROVIDED BY THE NATIONAL ORGANIZATION: χ A magazine addressing grief issues is published for bereaved families and professionals, as well as a quarterly publication for chapter leadership. χ Our Resource Department carries more than 200 titles of books, pamphlets, audiovisual materials and other resources, which are made available to local chapters, bereaved families and professionals. Information and resources are also available through our websight (www.compassionatefriends.org) in addition to scheduled chats and organizational updates. χ Thousands of telephone calls, letters, and e-mails are received in our national office annually from bereaved families and professionals, seeking help with their grief following the death of a child. Each is answered individually by a volunteer or staff member. χ Assistance is provided for new chapter formation, as well as support for existing chapters. Representatives participate in regional and national TCF conferences as speakers and trainers. χ Chapter Leadership Training Programs are conducted at locations throughout the country. χ The national organization manages national public relations and coordinates national fund raising.

Carson Ridgecrest Eastern Sierra Transit

Telephone: 760872-1901 Toll Free: 800-922-1930

FARES: Tickets may be purchased at the Bishop terminal at 201 S. Warren St. or from the Bus Driver using exact change. Discount fares are available to persons age 60+, disabled, and youth under the age of 16. Children age 5 and under ride free when accompanied by an adult.

TRAVELING NORTH: Tuesday-Thursday-Friday To Carson City

From:	<u>Adult</u>	Dis	count	A.M.	Departure	Time
P.M. Return Time						
Bishop	\$20.00	\$17.00	7:00	a.m.	5:30	p.m.
		201	South	Warren	Termina	1
Tom's Place	\$17.50	\$14.50	7:30	a.m.	5:00	
p.m.						
		Sto:	refron	t		
Crowley Lake	\$16.60	\$14.00	7:35	a.m.	4:55	a.m.
-	·	Cro	wley S	torefro	nt	
Mammoth	\$15.00	\$12.50	7:50	a.m.	4:40	
p.m.	·	·				
-		McDe	onald'	S		
June Lake**	\$13.00	\$10.50	8:15	a.m.	4:15	p.m.
		•	ehouse			_

Lee Vining\$12.00 4:05 p.m.	\$9.50	8:25 a.m.	
- 00 F	Bell's Sporting Goods		
Mono City**\$ p.m.	\$	8:35 a.m. 3:55	
Bridgeport\$9.00 3:35 p.m.	\$7.00	8:55 p.m.	
	Texaco Parking lot		
Walker\$5.00 2:55 p.m.	\$4.00	9:35 a.m.	
_	Senio	or Citizen's Center	
Coleville\$4.50 p.m.	\$3.50	9:45 a.m.	2:45
F ****	Acros	ss from Post Office	
Topaz\$3.50 2:30 p.m.	\$3.00	10:00 a.m.	
	Trailer Park Entry		
Gardnerville\$ p.m.		10:35 a.m.	1:55
Carson City\$	\$	10:45 a.m.	1:45

** By request stops only

TRAVELING SOUTH: Monday-Wednesday-Friday Ridgecrest



То

From:	<u>Adult</u>	Disco	ount A.M.	Departure Times	
${ t P.M.}$ Return Times					
Bishop	\$15.50	\$13.00	9:45 a.m.	5:20 p.m.	
		201 South Warren Terminal			
Big Pine	\$14.00	\$11.50	10:00 a.m.	5:05	
p.m.					
		Texaco Bench			
Aberdeen	\$13.00	\$10.50	10:15 a.m.	4:50	
p.m.					
		Storefront			
Independence	\$11.00	\$9.00	10:30	a.m.	
4:35 p.m.					
		Mair's Market			
Lone Pine	\$9.50	\$7.50	10:55	a.m.	
4:20 p.m.					
		Statham Hall			

Olancha\$7.00 4:00 p.m.	\$5.50	11:15 a.m.	
	Ranchhouse Restaurant		
Coso Junction**\$5.00 3:40 p.m.	\$4.00	11:35 a.m.	
	Reststop		
Pearsonville**\$ p.m.	\$	11:50 a.m.	3:25
•	Shel	ll Parking Lot	
Ridgecrest\$ p.m.	\$	12.15 p.m.	3:00

^{**} By request stops only

 Π Bishop is the origination point for both routes.

 Π Busses may run up to 30 minutes late

Connection Agencies North

- Carson City Greyhound Station * Friday and Saturday Service only * Frontier Mote * 718 N. Carson St.* Carson City, NV * 775-882-3375
- Reno Greyhound Station * 155 Stevenson St. * Reno, NV * Main 775-322-2970 * Baggage 775-322-7056 * Customer Service 775-322-8801
- Pride Transit * Customer Service * 775-575-0252
- Citifare * 775-348-0400
- Amtrak-Reno * 135 E. Commercial * Reno, NV * 800-USA RAIL

Connecting Agencies South

- Kern Regional Transit * 800-323-2396
- Ridgecrest Area Transit * 760-375-9777
- Mojave Greyhound (McDonald's) * 800-229-9424
- Mojave Amtrak Feeder Bus (Carl's Jr.) * 800-USA-RAIL

Additional fare information available from the driver or by calling Monday through Friday 8:00 a.m. to 5:00 p.m. To confirm your ride, please call the prior business day.

INYO MONO TRANSIT

Toll Free 800-922-1930 ☐ Bishop 872-1901 ☐ Lone Pine 876-5518

Please call for reservations & information

Bus Service

Lone Pine-to-Bishop

■ Monday thru Friday ■ Two Round Trips Daily

#First Saturday of every month # Lone Pine, Independence, Big Pine, Bishop

Bridgeport-to-Bishop

■ Mondays and Wednesdays ■ to Bishop and all points in between

Mammoth-to-Bishop

■ Monday & Wednesday & Saturdays (Modified Services available Mondays & Wednesdays) making connections with Mammoth Mt. Shuttle & Bishop Dial-A-Ride inner city transportation.

Benton-Chalfant Valley-to-Bishop

■ To Bishop and all points in between

Inyo Mono Transit Fixed Route

■ Bishop 872-1901 or 800-922-1930 ■ Catch the bus anywhere along the route and the cost is only \$.50! If you cannot get to the Route, call for Flex Stop and the Bus will travel up to one mile off its regular route to pick-up or drop-off for an additional cost of \$.75. If the fixed route cannot meet your transportation need, the dispatcher may suggest Dial-A-Ride for you.

Discount fares available to handicapped, seniors 60+, youths 5-16 (under age 5 is free) Multiple destinations within the Bishop area will be charged at the local fares.

Dial-A-Ride

- □ 1280 North Main Street, Bishop 872-1901
- 183 N Jackson St. Lone Pine, 876-5518
- Toll Free Dial 1 & then 800-922-1930

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